



# Teams & Interns 2019



## Volunteer ~ Intern in El Salvador Opportunities with The Father's Heart Foundation; Fundación Corazon Del Padre.

"Go to the people; Live among them; Learn from them; Start from where they are; Work with them; Build on what they have. But of the best leaders, When the task is accomplished, The work completed, The people all remark: 'We have done it ourselves'" ~ Lao Tsu

# Catch the Vision- Service Opportunities



## **FARMING & CONSTRUCTION**

Labour alongside local Salvadoran workers in our Sustainability Discipleship Farm or in construction! Help to raise funds to cover material costs, and come to get your hands dirty, while intentionally reaching out to the young men and women who are being discipled as they work at the Foundation. Or come as an Intern and learn the ins-and-outs of organic farming, aquaponics, plumbing, and different stages of both construction and non-profit establishment and work.



## **COMMUNITY OUTREACH**

Come to encourage local believers and to share the Gospel with the lost! From leading Bible study, sharing your testimony, praying with and for families, putting on a Vacation Bible school, or building/repairing homes for our neighbours who are living in poverty. Choose a project and fundraise to cover the costs, then come down and work together with us to see the funds that you raise be invested into sharing the Gospel in word and deed!



**SPORTS MINISTRY:** Share the Gospel while teaching different sports and games, encourage team work, teach life-lessons, help to improve skills, and even teach English while doing futbol/soccer, baseball, volleyball, running, and more!



**EDUCATION:** come to teach, bring a Vacation Bible School or other children's church program, teach language and literacy, teach about your country, province or state, teach art, music and more!



**NUTRITION:** Work on the farm with local youth, cook healthy meals for children's programs, shop and bring groceries to neighbours in need. Bring vitamins to share with people struggling with malnutrition, teach a class on nutrition, visit and pray for the sick.



**TOURISM:** El Salvador is a beautiful country, with a rich cultural heritage and a painful past. All teams spend at least one day of tourism, and most teams enjoy a day/night at the beach. Tourism opportunities include: Mayan Ruins, museums, historic downtown tour (including cathedral), coffee plantation tours, visiting or hiking a volcano (several to choose from, with "easy" to "challenging" levels of hikes, lakes, waterfalls, craft market, zip lining, and surfing. (Because El Salvador is a small country, we can actually do up to 5 tourist activities in one day)

### **ACCOMMODATION, FOOD, TRANSPORT, TRANSLATION, COST, AND WHAT TO PACK:**

Until our apartment building with team suites is built (Lord willing, by the end of 2019), teams have 3 choices of accommodation:

1. Stay with the Okurut family (our founders and directors), in a dorm room and regular bedroom.
2. Camp out at the property (bring your own tents and bedding)
3. Stay at a hotel (additional cost of \$75-150/night per person)

We eat a very international cuisine including typical Slavadrans Pupusas (rice or corn flour "stuffed tortillas"), Mexican, Indian, African, and "North American" food. 3 meals a day (only 2 if you stay at a hotel and have breakfast there), plus snacks, water, and sometimes smoothies are provided for our teams, and we request that teams help with washing dishes. Bring your own water-bottles, we provide safe drinking water.

We sometimes have a van or mini-bus available at no extra cost, but sometimes request teams to fundraise to cover a rental vehicle (depending on the size of your team and the dates of your visit -so check ahead).



We have several people on our end who can translate (into Spanish), but if you have your own translators then that is even better! If your team is coming to teach or put on any large evangelistic event then we might need to hire a translator for around \$35/day.

**Bring :**

- MODEST clothing suitable for warm and humid weather.
- At least one casual-dressy outfit for church
- No shorter than knee length shorts or capris (regardless of gender)
- MODEST T-shirts and sleeveless tops are fine
- MODEST Jeans are fine, but shirt should cover belt line when squatting
- Leggings (for women) are fine IF shirts or dresses are long enough to cover buttocks for women
- MODEST skirts and dresses (no shorter than knee-length)
- No bandanas (summer scarves are fine, and headties are fine)
- Jewellery is fine, but please do not bring anything of value that may be lost or damaged (wedding rings are fine)
- Bring flip-flops and/or one set of "indoor shoes", if you plan to hike or to work on the farm or in construction, please bring hiking/work boots
- Bring any favourite toiletries, but we will provide shampoo/conditioner and soap
- Bring a daily multi-vitamin, probiotics (begin taking at least one week prior -this will help prevent any stomach issues), and we suggest bringing oil of oregano in case you do catch any bacterial or viral infection
- Bring a water bottle, and if you like to have coffee during the day, bring a travel mug
- Ask for a specific list of things to bring that relate to your chosen area of ministry

What does MODEST mean? Modest means that clothing is not "skin-tight" (including leggings and tops), and that natural curves of the body are not clearly visible. No cleavage should be showing for women, no "midthrift" or tummy or chest. We suggest wearing undershirts/layers/ tube tops under tank tops, t-shirts, and dresses, and to wear "biker shorts" under skirts and dresses to properly cover. We also suggest that if you have a tattoo that *can* be covered by clothing, that you please keep it covered when on the ministry site (if you have a tattoo in an area that cannot be covered, it isn't necessarily a problem, but please let us know), also, if you like dying your hair with any non-natural colours (natural meaning a colour that any human can be born with), then we ask that you dye your hair a natural colour before coming.

Do NOT bring any unnatural candy (the leading cause of death among the rural poor is malnutrition, we do not want to add to this by giving people food or candy that has any artificial colours, flavours, preservatives, etc.)

Do NOT bring any hand-me-downs without prior approval from your team leader ( we DO appreciate donations, but want to be careful that we are not receiving items that are not suitable for the weather or size of people here, or that have ungodly graphics or words on them -ie we have received clothing that is size XXL,



and snowsuits, and old socks- so if someone wants to give you donations, donate those types of things in your own city).

If in doubt -ask! We also request that you do not personally give any item to any person who asks or who appears to have a need, without first asking your team leader and the Team Coordinator in El Salvador, thank you!

### **COST**

Cost is \$25/person/day, plus travel and sometimes additional in-country transportation. We encourage each team to also set a fundraising goal to cover material costs. Team leaders will coordinate this with our Team coordinator.

### **Other:**

- ~Vaccines? None are needed
- ~ Medical insurance? Not required, but always a good idea
- ~ register as a citizen abroad with your embassy/online
- ~Safety? Crime in El Salvador is directly related to gang membership, foreigners are typically very safe in El Salvador. Stay with your team and follow instructions, and come in prayer.
- ~PASSPORT and VISA: Your Team leader will be given more information and info about what to expect when you land in El Salvador, but all team members must have a current passport, that does not expire until 6+ months *after* your return trip (if it expires in 5 months for example, you will NOT be allowed to board the plane to El Salvador!), for Canadian and American Citizens or legal residents, or those who hold a valid Canadian or American visa, you will purchase a \$10 tourist card upon arrival in El Salvador, all other citizens and those without valid Cnd/USA visa will need to obtain a Salvadoran Visitor Visa ahead of time.
- ~ NOTE: each team member is required to submit their photo ID, emergency contact information, a criminal record check, and signed Child Protection Policy and Code of Conduct forms, to their team leader.